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South East Asia 2020

Bangladesh, Brunei, Cambodia, Indonesia, Laos, Malaysia, Maldives, Myanmar, Philippines, Singapore, Sri Lanka, Vietnam

The American Diabetes Association (ADA) and Novo Nordisk are pleased to invite you to a series of official webinars highlighting the most important education from the American Diabetes Association Scientific Sessions. Mark your calendars now.

-  **Monday, June 22**
Webinar 1: 6:00PM-7:30PM Malaysia Time
- Monday, June 29**
Webinar 2: 6:00PM-7:30PM Malaysia Time
- Monday, July 6**
Webinar 3: 6:00PM-7:30PM Malaysia Time
- Monday, July 13**
Webinar 4: 6:00PM-7:30PM Malaysia Time

Webinar 1 & 2: Each participant receives 1 CPD point from MMA, for Malaysia doctors.

Webinar 3 & 4: Applied to MMA for receiving CPD point for each participant from Malaysia.

REGISTER NOW

FACULTY



Athena Philis-Tsimikas, MD

Corporate Vice President of the Scripps Whittier Diabetes Institute at Scripps Health. Director of Community Engagement at Scripps Translational Science Institute. San Diego, California, USA



Simon Heller, MD

Professor of Clinical Diabetes University of Sheffield Sheffield, England



Jay H. Shubrook DO FACFP, FAAFP

Professor. Primary Care Department Director of Clinical Research and Diabetes Services Touro University California College of Osteopathic Medicine, Vallejo, California, USA



Derek LeRoith, MD, PhD, FACP

Director of Research Division of Endocrinology, Diabetes and Bone Diseases Icahn School of Medicine, Mount Sinai, New York, USA



Kenneth Cusi, M.D., F.A.C.P., F.A.C.E.

Professor of Medicine Staff, Malcom Randall VAMC Chief, Division of Endocrinology, Diabetes and Metabolism The University of Florida Gainesville, FL, USA



Andrew JM Boulton, MD, DSc (Hon), FACP, FICP, FRCP

President, International Diabetes Federation. Chair, EURADIA: Alliance for European Diabetes Research. Professor of Medicine, University of Manchester and Visiting Professor, University of Miami, FL. Consultant Physician, Manchester Royal Infirmary. Past-President, European Association for the Study of Diabetes



Michelle Magee, MD, MBBCh, BAO, LRCPSI

MedStar Diabetes, Research and Innovation Institutes; Professor of Medicine, Georgetown University School of Medicine and Healthcare Sciences Washington, DC



Richard E. Pratley, MD

AdventHealth. Samuel E. Crockett Chair in Diabetes Research. Medical Director | AdventHealth Diabetes Institute. Senior Investigator and Diabetes Program Lead | AdventHealth Translational Research Institute, Orlando, FL, USA

MODERATORS



Dr. Zanariah Hussein

Consultant physician and endocrinologist Hospital Putrajaya Putrajaya, Malaysia President, Malaysian Endocrine and Metabolic Society (MEMS)



Prof. A K Azad Khan

President, Diabetic Association of Bangladesh and Chair, IDF-SEA (Elect)



Prof. Dr. dr Ketut Suastika, SpPD-KEMD

Chair The Indonesian Society of Endocrinology (PERKENI)



Dr. Jeremy F. Robles, MD, FPCP, FPSEDM

President Philippine Society of Endocrinology, Diabetes and Metabolism (PSEDM)



Prof. Tint Swe Latt

Emeritus Professor, University of Medicine 2, Yangon Former Rector, University of Medicine 2, Yangon President Myanmar Diabetes Association (MMDA)

SCIENTIFIC AGENDA

Webinar 1 & 2: Each participant receives 1 CPD point from MMA, for Malaysia doctors.
Webinar 3 & 4: Applied to MMA for receiving CPD point for each participant from Malaysia.

Webinar 1: June 22 | 6:00PM-7:30PM Malaysia Time

Time	Activity	Faculty
5 minutes	Welcome/Introductions. Video from ADA President	Dr. Zanariah Hussein
25 minutes	The Use of Continuous Glucose Monitoring in Type 2 Diabetes Mellitus—Is There Value?	Athena Philis-Tsimikas, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
25 minutes	Reduction of Hypoglycemia by New Therapies in Clinical Trials	Simon Heller, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
15 minutes	Moderated Panel Discussion Attendees will be able to type their questions into a Q&A box	
	Closing Comments/ Adjournment	Dr. Zanariah Hussein

Webinar 2: June 29 | 6:00PM-7:30PM Malaysia Time

Time	Activity	Faculty
5 minutes	Welcome/Introductions	Prof. A K Azad Khan
25 minutes	Weekly Basal Insulin – Wave of the Future?	Jay Shubrook, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
25 minutes	The “Legacy Effect” in Diabetes—Are There Long-Term Benefits of Short-Term Tight Glycemic Management?	Derek Leroith, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
15 minutes	Moderated Panel Discussion Attendees will be able to type their questions into a Q&A box	
	Closing Comments/ Adjournment	Prof. A K Azad Khan

Webinar 3: July 6 | 6:00PM-7:30PM Malaysia Time

Time	Activity	Faculty
5 minutes	Welcome/Introductions	Prof. Dr. dr Ketut Suastika, SpPD-KEMD
25 minutes	Tailoring Treatment Options Based Upon Diabetes Comorbidities	Kenneth Cusi, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
25 minutes	Which Medication is Best to Prevent a Cardiovascular Event in a Patient with Type 2 Diabetes and Established or at High Risk for Heart Disease?	Andrew Boulton, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
15 minutes	Moderated Panel Discussion Attendees will be able to type their questions into a Q&A box	
	Closing Comments/ Adjournment	Prof. Dr. dr Ketut Suastika, SpPD-KEMD

Webinar 4: July 13 | 6:00PM-7:30PM Malaysia Time

Time	Activity	Faculty
5 minutes	Welcome/Introductions	Prof. Jeremy F. Robles, MD Prof Tint Swe Latt
25 minutes	Interpreting Cardiovascular Outcomes Trials – Implications for Practice	Michelle Magee, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
25 minutes	Reconciling Guideline Recommendations for Cardiovascular Risk and Disease Management in Type 2 Diabetes	Richard Pratley, MD
10 minutes	Q&A Attendees will be able to type their questions into a Q&A box	
15 minutes	Moderated Panel Discussion Attendees will be able to type their questions into a Q&A box	
	Closing Comments/ Adjournment	Prof. Jeremy F. Robles, MD Prof Tint Swe Latt

FACULTY



Athena Philis-Tsimikas, MD

Athena Philis-Tsimikas, MD is the Corporate Vice President of the Scripps Whittier Diabetes Institute at Scripps Health and the Director of Community Engagement at Scripps Translational Science Institute in San Diego, California. With over 25 years of experience, she leads the Diabetes Care Line which creates programs, conducts research and delivers diabetes services across five Scripps hospitals, twenty five outpatient facilities and the community which serves over 50,000 patients with diabetes. She is board certified in the subspecialty of Diabetes and Endocrinology and is an Associate Clinical Professor of Medicine at UCSD's Division of Endocrinology and Metabolism. She was a leader of the team that developed and implemented the innovative Project Dulce program which cares for underserved populations with diabetes. Dr. Philis-Tsimikas and Scripps Whittier Diabetes Institute are actively promoting and training community physicians and community health centers to participate in community-based clinical research that will bring innovative health care solutions to their communities.



Simon Heller, MD

Professor of Clinical Diabetes, University of Sheffield, Hon Consultant Physicians, Sheffield Teaching Hospitals.

Simon Heller is Professor of Clinical Diabetes at the University of Sheffield, and Director of Research & Development and Honorary Consultant Physician at Sheffield Teaching Hospitals Foundation Trust, Sheffield, UK. Professor Heller's research interests include physiological responses to hypoglycaemia and hypoglycaemia unawareness; the potential contribution of the pathophysiology of hypoglycaemia to sudden death in diabetes; and the use of insulin analogues and other technologies to reduce hypoglycaemia. He also runs research programmes on interventions to encourage more effective diabetes self-management. He is national speciality lead for diabetes within the UK NIHR clinical research network and an NIHR senior investigator.



Jay Shubrook, DO

Doctor of Osteopathic Medicine, University of Oklahoma College of Osteopathic Medicine, Tulsa, OK

Jay H. Shubrook DO, FAAFP, FACOFP is a board-certified Family Physician and a Fellowship trained Diabetologist. He serves as a Professor in the Primary Care Department at Touro University California. He also serves as the Director of Clinical Research and the Director of Diabetes Services at this institution. His clinical focus is treatment of all types of diabetes and training the primary care workforce to be better able to help patients manage their diabetes. His research focus is on prevention of and early intervention of type 2 diabetes. He is so grateful to be part of the Diabetes ECHO team and looks forward to learning with this cohort.



Derek LeRoith, MD, PhD, FACP

Director of Research, Division of Endocrinology, Diabetes and Bone Diseases Icahn School of Medicine, Mount Sinai, New York, NY, USA

Dr. LeRoith is Director of Research in the Division of Endocrinology, Diabetes and Bone Disease Icahn School of Medicine at Mt Sinai New York, New York and is Professor Emeritus of the Faculty of Medicine at Technion University. Dr. LeRoith received his medical and research training at the University of Cape Town, South Africa, and completed his postgraduate training in London, United Kingdom. Subsequently, he was a member of the medical faculty at Ben-Gurion University Medical School in Israel. He worked for the National Institutes of Health (NIH) in the field of endocrinology and diabetes for over 25 years. His clinical interests primarily involve the pathophysiology and management of Obesity and T2DM. Dr LeRoith is currently Editor in Chief of the AAACE journal Endocrine Practice and Frontier in Endocrinology and Associate Editor of Diabetes Care.



Kenneth Cusi, M.D., F.A.C.P., F.A.C.E.

Professor of Medicine. Staff, Malcom Randall VAMC. Chief, Division of Endocrinology, Diabetes and Metabolism. The University of Florida, Gainesville, FL, USA

Dr. Kenneth Cusi serves as Chief of the Division of Endocrinology, Diabetes & Metabolism in the Department of Medicine at the University of Florida. He received his medical degree in Argentina from the University of Buenos Aires School of Medicine and is board certified in both Internal Medicine and Endocrinology, Diabetes & Metabolism. He completed his residency at the Center of Medical Education & Clinical Research (CEMIC) in Buenos Aires, Argentina, and a clinical fellowship at Baylor College of Medicine in Houston. Prior to joining the University of Florida, Dr. Cusi was a faculty member of over 15 years in the Diabetes Division at the University of Texas Health Science Center at San Antonio (UTHSCSA) and the Veterans Health Administration System in Texas; one of the leading diabetes programs in the country. He is a fellow of the American College of Physicians (ACP) and the American Association of Clinical Endocrinologists (AAACE). He has actively participated in many clinical diabetes programs and in the training of many young researchers and clinicians. He is the principal investigator of various ongoing clinical translational research projects in obesity, Type 2 diabetes mellitus (T2DM) and nonalcoholic fatty liver disease (NAFLD).



Andrew JM Boulton, MD, DSc (Hon), FACP, FICP, FRCP

President, International Diabetes Federation. Chair, EURADIA: Alliance for European Diabetes Research. Professor of Medicine, University of Manchester and Visiting Professor, University of Miami, FL. Consultant Physician, Manchester Royal Infirmary. Past-President, European Association for the Study of Diabetes

Professor Boulton is a graduate of Newcastle-upon-Tyne and subsequently trained in Sheffield, and Miami prior to accepting an appointment at Manchester University. He has authored more than 550 peer-reviewed manuscripts (H-Index >130) and book chapters, mainly on diabetic lower limb and renal complications.

Among his many awards, he has received the ADA's Roger Pecoraro Lectureship, the EASD Camillo Golgi prize and was the first recipient of the international award on diabetic foot research. He was the 2008 winner of the ADA's Harold Rifkin award for distinguished international service in diabetes. He received the 2012 Georgetown distinguished achievement award in diabetic limb salvage. In 2015 he visited Nagoya, Japan and gave a prize lecture on diabetic complications at the Japan Society of Diabetes, and in 2017 was the Banting Memorial Lecturer at Diabetes UK and also received the International Diabetes Endocrinologist Award of the year from the American Association of Clinical Endocrinologists. A previous editor of Diabetic Medicine he is currently the senior associate editor of Diabetes Care. In 2019 he was ranked the number one UK diabetes researcher in the field of complications. He was the founding Chairman of the Diabetic Foot Study Group and was previously Chairman of Postgraduate Education and then Hon. Secretary/ programme chair for the EASD. Until late 2015 he was President of the EASD. Currently, President, International Diabetes Federation, and Chairman of EURADIA (European Alliance for Diabetes Research)



Michelle Magee, MD, MBBCh, BAO, LRCPSI

MedStar Diabetes, Research and Innovation Institutes; Professor of Medicine, Georgetown University School of Medicine and Healthcare Sciences Washington, DC

Dr Magee is a Professor of Medicine at Georgetown University, Director of the MedStar Diabetes Institute and a researcher, clinician and educator in Washington, DC, USA. She is a graduate of the Royal College of Surgeons in Dublin, Ireland and the George Washington University, also in Washington, DC.

Dr Magee's own primary research focus is diabetes care management. She has been an investigator on landmark National Institutes of Health (NIH) trials including the Diabetes Prevention Program (DPP) and the Bypass Angioplasty Revascularization Investigation 2 Diabetes (BARI 2D). She has also conducted studies funded by the Patient Centered Outcomes Research Institute, the District of Columbia Department of Health and the American Diabetes Association (ADA). Relevant to her Best of ADA China 2019 presentation, Dr Magee was an investigator for the dulaglutide and cardiovascular outcomes in type 2 diabetes (REWIND) Trial.

Professor Magee has served on national committees for the ADA, the Endocrine Society, American Heart Association and the Society of Hospital Medicine and has authored multiple publications.



Richard E. Pratley, MD

AdventHealth. Samuel E. Crockett Chair in Diabetes Research. Medical Director | AdventHealth Diabetes Institute. Senior Investigator and Diabetes Program Lead | AdventHealth Translational Research Institute, Orlando, FL, USA

Dr. Richard Pratley is Samuel E. Crockett Chair in Diabetes Research, as well as Senior Investigator and Diabetes Program Lead at the AdventHealth Translational Research Institute and Medical Director at the AdventHealth Diabetes Institute, both in Orlando, Florida. He is board certified in internal medicine, received his medical degree from Wayne State University, and completed fellowships in geriatric medicine and gerontology at the University of Michigan, Johns Hopkins University, and the National Institute on Aging. Dr. Pratley is an internationally recognized expert in diabetes. He lectures frequently, has conducted numerous research studies on the pathogenesis, prevention and treatment of diabetes, and has published over 250 peer-reviewed articles on diabetes and its complications. He served as a member of the editorial boards of Diabetes Care, The Lancet: Diabetes and Endocrinology, The Journal of Diabetes and its Complications and The Journal of Clinical Endocrinology and Metabolism, and is an ad hoc reviewer for many other journals.