



The Clinical Practice Guidelines (CPG) for Management of Thyroid Disorders was successfully launched on 3rd October 2020 in Le Meridien Hotel, Kuala Lumpur.

The launch took place during the Recovery Movement Control Order (RMCO) period and as such, MEMS ensured that the Standard of Procedure (SOP) set by the Malaysian Government such as attendance limitation to comply with social distancing and scanning of the MySejahtera application QR Code were adhered to.



The Guest-of-honour was Dato' Dr Norhizan Ismail, Director of Medical Development Division, Ministry of Health (MOH), representing the Director General of Health, Tan Sri Dato' Seri Dr Noor Hisham Abdullah.



*Dato' Dr Norhizan Ismail, accompanied by the President of the Malaysian Endocrine and Metabolic Society (MEMS), Datuk Dr Zanariah Hussein and Chairperson of the CPG Development Committee, Professor Dato' Dr Mafauzy Mohamed.*

As a progressive Society providing educational support to its' members, MEMS organised the launch in a hybrid format so that participants who could not attend in person were able to join through the virtual platform. The event saw the participation of 91 delegates onsite including 3 speakers while 126 delegates joined in online.



The launch of the Clinical Practice Guidelines was officiated by Dato' Dr Norhizan Ismail.



With the sound of the mallet hitting the gong three times echoing in the ballroom, the CPG was officially launched.



*It is official! Dato' Dr Norhizan Ismail (left) hits the gong for the launch officiation.*



The CPG Development Committee presented a launch video that showcased the journey of the guidelines development.





*Look at this - Datuk Dr Zanariah presented a copy of the CPG to Dato' Dr Norhizan Ismail.*



*One for the Album: The CPG Development Committee posing for a photo with Dato' Dr Norhizan Ismail (middle) and Datuk Dr Zanariah Hussein (second right).*

The day continued with much enthusiasm with the presentation of MyEndo Thyroid study interesting findings by Dr Mohammad Arif Shahar, a key investigator of the MyEndo Thyroid study. Professor Dato' Dr Mafauzy Mohamed then shared a comprehensive recommendation of the CPG that he and his team had spent months tirelessly working on.

**The catalyst:** Dr Mohammad Arif Shahar presented key findings from the of MyEndo Thyroid study



**The leader:** Professor Dato' Dr Mafauzy Mohamed sharing key recommendations from the CPG.



The launch wrapped up with a highly engaging panel discussion moderated by Professor Dr Nor Azmi Kamarudin with panellists Professor Dato' Dr Mafauzy, Dr Arif Shahar and Dr Sri Wahyu Taher (President of the Family Medicine Specialist Association Malaysia). It was a highly interactive session and attendees both online and onsite posed challenging questions to the panellists.



**On to the next question:** Professor Dr Nor Azmi Kamarudin moderating the panel discussion.



**The Panellists:** Dr Sri Wahyu Taher, Professor Dato' Dr Mafauzy, & Dr Arif Shahar

*I have a question: Attendees on-site posing questions to the panellists.*



*The Emcee: Dr Ida Ilyani Adam, kept the event running on schedule*



The CPG launch was also covered by the media. The event attracted the interest of The Star, New Strait Times, Nanyang, Sin Chew, Guang Ming, The Malaysian Insight, We Are United, Kwong Wah, Berita Harian and the The Rakyat Post. The launch was followed immediately by a press conference with Dato' Dr Norhizan Ismail, Datuk Dr Zanariah Hussein and Dr Mohammad Arif Shahar.



*Press conference: Dato' Dr Norhizan Ismail (middle) during the press conference with Dr Mohammad Arif Shahar (left) and Datuk Dr Zanariah Hussein (right)*



*Presenting the CPG: Dato' Dr Norhizan Ismail holding a copy of the CPG at the press conference.*

The launch of the Clinical Practice Guidelines for Management of Thyroid Disorders was a success, and it commemorates another milestone achieved by the Malaysian Endocrine and Metabolic Society.

Prepared by,  
Organising Committee  
Launch of the Clinical Practice Guideline