

MASTERCLASS ON — ADRENAL DISORDERS ACROSS THE SPECTRUM



EVENT ID: CPDE83380

 Spectrum & Prism, Level 3A,
Nexus Connexion Conference & Event Centre, Kuala Lumpur

 Saturday, 10th October 2026

 08:30 am – 04:30 pm

SPEAKERS



Professor Dr
Leilani B. Mercado-Asis
University of Santo Tomas
Philippines



Asst Professor Dr
Troy Puar Hai Kiat
Changi General Hospital
Singapore



Datuk Dr
Zanariah Hussein
Hospital Putrajaya



Dr Azraai Bahari Nasruddin
KPJ Damansara
Specialist Hospital



Dr Arini Nuran Md Idris
Hospital Putrajaya



Dr Noor Arliena Mat Amin
Hospital Tunku Azizah



Dr Muthukkumaran
Thiagarajan
Hospital Kuala Lumpur



Dr Boey Ching Yeen
Hospital Kuala Lumpur

OBJECTIVE:

This high-impact, 1-day intensive Masterclass is designed to sharpen clinical expertise and elevate confidence in managing challenging adrenal disorders. Bringing together endocrinologists, clinical fellows, and interested specialists, the programme delivers practical, case-based insights across Primary Aldosteronism, Congenital Adrenal Hyperplasia, Pheochromocytoma & Paraganglioma, Adrenal Cushing's, and complex Adrenal Dilemmas.

From diagnosis to decision-making, this Masterclass will transform adrenal challenges into confident clinical action.

REGISTRATION FEE:

MEMS Member / Trainee..... **RM 160**
Other Medical Professional... **RM 200**
International Delegate..... **USD 100 / RM 400**

**SCAN TO
REGISTER**



**Seats are limited, registration will be on 'first come first serve' basis*

ADRENAL DISORDERS ACROSS THE SPECTRUM

PROGRAMME

08:30 - 08:40 AM	<i>Registration & Welcome Reception</i>
08:40 - 08:45 AM	<i>Welcome Address</i> <i>Dr See Chee Keong, President (MEMS)</i>
	Symposium 1: Primary Aldosteronism (PA) <i>Chairperson: Dr Subashini Rajoo</i>
08:45 - 09:15 AM	Complexities of PA Diagnosis and Management in Chronic Kidney Disease <i>Asst Professor Dr Troy Puar Hai Kiat</i>
09:15 - 09:45 AM	Deciphering Challenging AVS Results: To Repeat or Not to Repeat? <i>Dr Azraai Bahari Nasruddin</i>
09:45 - 10:00 AM	Q&A
10:00 - 10:20 AM	<i>Tea Break</i>
	Symposium 2: Congenital Adrenal Hyperplasia (CAH) <i>Chairperson: Dr Siti Sanaa Wan Azman</i>
10:20 - 10:50 AM	Optimizing Outcomes: Challenges in Managing CAH into Adulthood <i>Dr Noor Arliena Mat Amin</i>
10:50 - 11:20 AM	Testicular Adrenal Rest Tumours and Beyond: Tailoring CAH Care for Males <i>Dr Arini Nuran Md Idris</i>
11:20 - 11:35 AM	Q&A
	Symposium 3: Pheochromocytoma and Paraganglioma (PPGLs) <i>Chairperson: Dr Dorothy Maria Anthony Bernard</i>
11:35 - 12:05 PM	Precision Medicine in PPGLs: Advancements in Targeted Imaging and Therapy <i>Dr Boey Ching Yeen</i>
12:05 - 12:35 PM	Navigating Complex and Challenging Cases in PPGLs <i>Professor Dr Leilani B. Mercado-Asis</i>
12:35 - 12:50 PM	Q&A
12:50 - 02:00 PM	<i>Lunch</i>
	Symposium 4: Adrenal Cushing's <i>Chairperson: Dr Masliza Hanuni Mohd Ali</i>
02:00 - 02:30 PM	Confronting Bilateral Adrenal Cushing's: A Structured Clinical Approach <i>Asst Professor Dr Troy Puar Hai Kiat</i>
02:30 - 03:00 PM	Clinical Decision in Mild Autonomous Cortisol Secreting (MACS): When is Action Required? <i>Datuk Dr Zanariah Hussein</i>
03:00 - 03:15 PM	Q&A
	Symposium 5: Adrenal Dilemmas <i>Chairperson: Dr Marisa Khatijah Borhan</i>
03:15 - 03:45 PM	Managing Adrenal Cushing's Syndrome During Pregnancy <i>Professor Dr Leilani B. Mercado-Asis</i>
03:45 - 04:15 PM	The Evolving Role of Systemic Therapy and Radiotherapy in ACC <i>Dr Muthukkumaran Thiagarajan</i>
04:15 - 04:30 PM	Q&A <i>Tea Break & Networking</i>