



DAR

ASIA MALAYSIA

Diabetes & Ramadan Asia Malaysia Scientific Conference 2026

Theme: *Bridging Tradition and Innovation in Diabetes and Ramadan Care*

28th & 29th November 2026, Saturday & Sunday

Medical Academies of Malaysia, Putrajaya



16

Awarded with
MMA CPD Points



Day 1, 28th November 2026, Saturday

Time	Agenda	Faculty
0730 - 0830	Registration	
0830 - 0900	Opening Ceremony	
0830 - 0835	Opening Address by Organizing Chairperson	Luqman Ibrahim, Malaysia
0835 - 0840	Opening Remarks by MEMS President	See Chee Keong, Malaysia
0840 - 0845	Opening Remarks by DAR International Alliance	Mohamed Hassanein, United Arab Emirates
0845 - 0900	Opening Remarks by IDF President	Peter Schwarz, Germany
0900 - 0940	Plenary Session 1	Chairperson: <i>Zanariah Hussein, Malaysia</i>
0900 - 0940	Precision Ramadan Care: From Risk Stratification to Personalised Fasting Plans	Mohamed Hassanein, United Arab Emirates
0940 - 1010	Breakfast Symposium	
1010 - 1040	Tea Break	
1040 - 1200	Symposium 1: Obesity, Fasting and Metabolic Health: The Ramadan Opportunity	Chairperson: <i>Jazlan Jamaluddin, Malaysia</i>
1040 - 1100	Can Ramadan Fasting Really Treat Obesity?	Mohamad Ariff Fahmi Bin Ahmad Zawawi, Malaysia
1100 - 1120	GLP-1RAs and Tirzepatide During Ramadan: Optimising Obesity Pharmacotherapy	Rohana Abdul Ghani, Malaysia
1120 - 1140	Fasting in Motion: Practical Exercise Strategies for Better Glucose Control during Ramadan	Yeo Wee Kian, Malaysia
1140 - 1200	Q&A Session	All Speakers
1200 - 1300	Lunch Symposium	
1300 - 1400	Lunch Break	
1400 - 1440	Plenary Session 2	Chairperson: <i>Sueziani Zainudin, Singapore</i>
1400 - 1440	Fasting, Metabolic Health and Longevity	Hariom Yadav, United States of America

Day 1, 28th November 2026, Saturday

1440 – 1540 Ramadan Research Highlights (Oral Presentations)

1440 – 1450 Oral Presentation 1

1450 – 1500 Oral Presentation 2

1500 – 1510 Oral Presentation 3

1510 – 1520 Oral Presentation 4

1520 – 1530 Oral Presentation 5

Chairperson:

Wan Mohamad Wan Bebakar, Malaysia

Mohamed Hassanein, United Arab Emirates

Rohana Abdul Ghani, Malaysia

1530 – 1600 High Tea Symposium

1600 – 1620

Tea Break

1620 – 1730 Symposium 2: Type 1 DM

Chairperson:

Miza Hiriyanti Zakaria, Malaysia

1620 – 1640 To Fast or Not to Fast? Real World Decision in T1DM

Noor Shafina Mohd Nor, Malaysia

1640 – 1700 Getting the Dose Right: Personalised Insulin Dose Adjustment

Aslena Binte Hussain, Singapore

1700 – 1720 Fueling the Fast: Nutrition Strategies for T1DM

Salma Mehar, United Kingdom

1720 – 1730 Q&A Session

All Speakers

1730 onwards

End of Day 1



Day 2, 29th November 2026, Sunday

Time	Agenda	Faculty
0800 – 0830	Registration	
0830 – 0900	Breakfast Symposium	
0900 – 0940	Plenary Session 3	Chairperson: Barakatun Nisak Mohd Yusof, Malaysia
0900 – 0940	Ramadan Fasting and Diabetes Remission	Osama Hamdy, United States of America
0940 – 1040	Interactive Dar Forum 1: Diabetes Care beyond Ramadan to Hajj (Panel Discussion)	Moderators: Syahrizan Samsuddin, Malaysia Mohamad 'Ariff Fahmi Ahmad Zawawi, Malaysia Panelists: Sueziani Zainudin, Singapore Muhammad Yaqoob Ahmedani, Pakistan Ermin Rachmawati, Indonesia Anilah Abdul Rahim, Malaysia Azah Abdul Samad, Malaysia
1040 – 1100	Tea Break	
1100 – 1200	Poster Presentation	
1100 – 1200	Meet the Expert Sessions	
1100 – 1200	– Insulin Pump – CGM – DMTAC	Muhammad Yazid Jalaludin, Malaysia Luqman Ibrahim, Malaysia Navin Kumar Loganadan, Malaysia
1200 – 1300	Lunch Symposium	
1300 – 1400	Lunch Break	
1400 – 1440	Plenary Session 4	Chairperson: Luqman Ibrahim, Malaysia
1400 – 1440	AI, CGM and Digital Health for Ramadan Care	Salem Arifi Beshyah, United Arab Emirates

Day 2, 29th November 2026, Sunday

1440 – 1540 Case Discussions

1440 – 1510 Type 1 DM / Insulin Pump / MDI

Azriyanti Anuar Zaini, Malaysia
Rokiah Ismail, Malaysia
Siti Zarina Yaakop, Malaysia

1510 – 1540

Type 2 DM / CGM

Raja Nurazni Raja Azwan, Malaysia
Jazlan Jamaluddin, Malaysia
Azizul Abdullah, Malaysia
Norshazliza Zakaria, Malaysia

Ramadan Focused Fasting Education (RFFE)

Sueziani Zainudin, Singapore
Barakatun Nisak Mohd Yusof, Malaysia
Fatimah Eliana Taufik, Indonesia

1540 – 1610 High Tea Symposium

1610 – 1630

Tea Break

1630 – 1730

**Interactive DaR Forum 2:
Special Situations**

Chairpersons:

Elliyin Katiman, Malaysia
Goh Kian Guan, Malaysia

1630 – 1730

What would you Do? Special Situations Pregnancy, Elderly, CKD, Acute Illness

Mohamad Hassanein, United Arab Emirates
Mafauzy Mohamad, Malaysia
Sueziani Zainudin, Singapore
Fatimah Eliana Taufik, Indonesia
Zanariah Hussein, Malaysia

1730 – 1745 Oral and Poster Award and Closing Remarks

Luqman Ibrahim, Malaysia

1745 onwards

End of Day 2



Registration & Abstract Information

Registration Fee

Category	Physical Attendee	Virtual Attendee
Doctors	RM 200.00	RM 180.00
Allied Health Professionals	RM 150.00	RM 120.00



**SCAN OR CLICK
TO REGISTER!**

Payment Details

All payments are to be issued in favour of:

Bank: CIMB Bank

Account name: Malaysian Endocrine & Metabolic Society

Account number: 8000505029

SWIFT: CIBBMYKL

Payment Method

Online Transfer /
Telegraphic Transfer

Registration & Abstract Submission:

Registration & Abstract Submission date starts:

7th August 2026

Abstract Submission Deadline:

5th October 2026



**SCAN OR CLICK
TO SUBMIT ABSTRACT!**